Call 13 19 01 or visit defencejobs.gov.au/armyreserve

Do something for yourself and your country
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The satisfaction of ‘giving something back’
Tax-free pay
Variety and adventure
Working with the Regular Army
World-class training
Career progression
Convenient local service
Exciting new experiences
Leadership opportunities
Rewarding work beyond your day job
Interstate and overseas travel
Opportunities to improve your fitness
Supportive team environment
New friendships and unique camaraderie
Flexible part-time commitment

REASONS TO JOIN
WHY PEOPLE LIKE YOU CHOOSE THE ARMY RESERVE
OUR PURPOSE
REWARDING WORK THAT MAKES A DIFFERENCE

THE ARMY RESERVE HELPS DEFEND OUR COUNTRY, PROTECTING ITS INTERESTS, PRINCIPLES AND PEOPLE. IT ALSO PROVIDES SUPPORT TO COMMUNITIES IN NEED, BOTH LOCALLY AND ACROSS THE WORLD.

The Reserve does this by supporting the Regular Army with part-time soldiers and officers who work alongside their full-time colleagues. Reservists are ready to serve in a fully-trained military capacity if and when Australia needs them.

Reserve activities range from helping communities affected by natural disasters to providing security at events of national significance, such as the Commonwealth Games.
Almost any Australian adult can join the Army Reserve, enjoying a part-time role that adds a fulfilling extra dimension to their weekly routine.

In the Reserve you’ll find:

- Everyday Australians who want to do something different and worthwhile in contrast to their civilian jobs.
- Resourceful tradespeople including plumbers, electricians, mechanics and carpenters, who want to gain new skills and experience in a dynamic team environment.
- Ambitious professionals working in the fields of health, law, engineering and religious ministry, who seek rewarding new avenues for their qualifications.
- Aspiring business professionals and managers who wish to boost their career prospects with world-class leadership and management training.

Who’s in the Reserve?

People who want more out of life.
“IT’S GETTING ME OUT OF MY COMFORT ZONE, IT’S PUSHING ME FURTHER.”

- MELISSA
ADMINISTRATION ASSISTANT
WHAT YOU’LL DO
ACTION AND ADVENTURE IN A PART–TIME ROLE

HOW YOU SPEND YOUR TIME IN THE ARMY RESERVE WILL DEPEND ON YOUR ROLE AND RANK AND YOUR AVAILABILITY.

You’ll go away for initial soldier or officer training, which is an adventure in itself (see page 22).

Once you’ve completed your initial employment training, much of your time will be spent serving at your local unit carrying out a variety of tasks.

You’ll generally parade one night a week and may have a training weekend once a month.

Your unit will run a two-week camp once a year, engaging in live training and gaining military skills such as weapons handling.

You may be involved in major exercises that could take place anywhere in Australia.

You could be called upon to assist communities affected by natural disasters, both here and abroad.

If available and willing, you could travel overseas in support of operations.

Your primary responsibility will be to support Army capability in your chosen job. You could be providing medical or legal services or working in a trade, technology or engineering job, or supplementing full-time resources in a combat role.
COMMITMENT
FLEXIBLE WAYS TO SERVE

WHEN YOU JOIN THE ARMY RESERVE YOUR COMMITMENT IS FLEXIBLE AND YOU’RE NOT LOCKED INTO AN INITIAL MINIMUM PERIOD OF SERVICE.

IT’S IMPORTANT THAT YOUR RESERVE ACTIVITIES FIT IN WITH YOUR WORK, SOCIAL AND FAMILY COMMITMENTS.

Your commitment could involve an evening each week serving at your local Army unit and/or a number of weekends or extended periods away.

Initial training length varies based on your chosen role, but is 35 days for most positions.

Once trained, you will normally be expected to serve a minimum of 20 days per year.

Deployments are voluntary so if you choose to stay local, there are plenty of ways to make a difference closer to home.

So if, for example, you have exams or an important sporting competition, it’s possible to organise time off with your supervisor. The Army Reserve will work with you to balance the life you enjoy now with your new part-time career.
“THE TRAINING THAT YOU GET IN THE ARMY RESERVE, PARTICULARLY AS AN OFFICER, IS SECOND TO NONE.”

- ALASDAIR
  ARMoured CORPs OFFicer
You’ll be adept at decision-making and tactical thinking, with qualities of courage, determination and integrity.

You can gain leadership and management skills in a military role (such as infantry and cavalry) as a General Service Officer, or practice your current profession such as healthcare, law or engineering as a Specialist Service Officer.

You’ll be hard working, practical and resourceful, able to carry out the everyday tasks and functions the Army relies on to operate effectively.

You can train in a military role (such as artillery and armoured), or apply your existing trade or technical skills to rewarding new challenges.

There’s a job in the Army Reserve that matches your skills, qualifications and ambitions. All roles offer the opportunity to move up the ranks into increased levels of responsibility and leadership.

There’s a wide choice of jobs. Are you an officer or a soldier?

Officers are our leaders and managers.

Soldiers are our trade experts.
A REWARDING ROLE FOR EVERYONE

ALMOST EVERY ROLE IN THE ARMY CAN BE UNDERTAKEN ON A PART-TIME BASIS.

THERE ARE NO GENDER RESTRICTIONS AND THE ARMY BELIEVES IN EQUAL OPPORTUNITIES AND STRENGTH IN DIVERSITY.

AVIATION
The helicopter pilots, technicians, engineers and ground crew who support the Army’s aviation capability.

BUSINESS AND ADMIN
The administrators, lawyers, finance professionals and teachers who manage the business end of the Army.

COMBAT AND SECURITY
The Infantry Soldiers, gunners, artillery operators, armoured vehicle drivers and officers who work at the forefront of Army operations.

COMMUNICATIONS, IT AND INTELLIGENCE
The technicians, operators and intelligence staff who keep the Army informed and well connected.
The leaders, managers, mentors, planners and decision makers who manage the work and wellbeing of Army soldiers.

The electricians, plumbers, carpenters and technicians who provide the Army with essential services.

The doctors, dentists, surgeons, nurses, allied health practitioners and chaplains who look after the Army’s physical, emotional and spiritual health.

The aerospace, electrical, mechanical, civil and software engineers who keep the Army at peak capability.

The drivers, dispatchers, supply chain specialists, cooks and musicians who keep the Army provisioned.

To locate your local Army Reserve unit and view the roles available, visit: defencejobs.gov.au/armyreserve
GENERAL SERVICE OFFICER TRAINING

- 35-day initial training course.
- Initial Employment Training conducted over a three-year period.
- Focuses on leadership and management skills, including problem solving and decision making.
- Covers military areas such as operational tactics, navigation and weapons handling.
- Leads to specialisation in a Corps such as Armoured, Artillery, Infantry, Intelligence, Engineering, Signals and Transport.

SPECIALIST SERVICE OFFICER TRAINING

- 26-day module plus 16-day module.
- For those qualified in a profession such as healthcare, finance, law, chaplaincy, aviation, engineering or education.
- Covers leadership and management as well as general military duties.

SOLDIER TRAINING

- 35-day initial training course.
- Covers fitness, team work, time management, drill, weapons, combat, first aid, field craft and more.
- Followed by employment training relevant to your role, completed in one block or in a series of modules.

WORLD-CLASS TRAINING
LEARN TO FULFIL YOUR POTENTIAL

IN THE ARMY RESERVE YOU’LL BENEFIT FROM A BLEND OF FITNESS, MILITARY AND EMPLOYMENT TRAINING, EQUIPPING YOU WITH NEW SKILLS AND KNOWLEDGE BEYOND YOUR DAY JOB. ARMY TRAINING IS HIGHLY REGARDED IN BUSINESS AND WILL BENEFIT YOUR WHOLE CAREER.
“WEARING THIS UNIFORM, KNOWING WHO HAS WORN IT BEFORE YOU, IT’S A GREAT HONOUR.”

- JONATHON
ARMoured CORPS OFFICER
Over a thousand businesses have already discovered that Army Reservists make excellent employees.

**Employer Benefits**

It pays to have a reservist in your ranks

- **Your employer will:**
  - Benefit from your vocational training and character development.
  - Enjoy higher corporate status for supporting Australia’s defence interests.
  - Be able to apply for financial compensation for prolonged absences on Army duty.
  - Be invited to experience the Army Reserve for themselves on Discovery Days.
Leadership and management
Objective decision making
Planning and prioritisation
Time and resource management
Incident management

Team spirit
Positivity and a focus on goals
Self-discipline and self-reliance
Initiative and resourcefulness
Adherence to high standards

Your employer will be obliged to release you for Army Reserve duty. This is something they will be happy to do when you tell them about all the benefits.

For a downloadable employer handbook, plus advice on how to approach your manager about your ambition to become a Reservist, go to: defencejobs.gov.au/armyreserve
“IF YOU PUT YOUR MIND TO IT AND TRAIN UP TO YOUR GOALS, IT’S ALWAYS ACHIEVABLE.”

- DANIELA
ADMINISTRATION ASSISTANT
ELIGIBILITY CHECK

WHAT YOU’LL NEED TO JOIN

EDUCATION
Specific requirements vary by role.
- Minimum Year 10 completion with passes in English and Maths
- Some roles require appropriate qualifications and experience

NATIONALITY
Australian Citizen
OR
Permanent Resident (eligible to apply for Citizenship)

AGE
- 17 to 55 for most jobs (53 for trade jobs)

FITNESS
Pre-entry Fitness Assessment requires:

FEMALES
- 8 push-ups
- 45 sit-ups
- 7.5 shuttle run score

MALES
- 15 push-ups
- 45 sit-ups
- 7.5 shuttle run score

DID YOU KNOW?
The fitness levels required to join the Army Reserve are not as high as many applicants think, and are well within most people’s capability.
Download the ADF Active app for a personal assessment and fitness program.

FIND MORE ON ENTRY REQUIREMENTS AT:
DEFENCEJOBS.GOV.AU/ARMYRESERVE
HOW TO JOIN
BECOME A RESERVIST IN SEVEN SIMPLE STEPS

1. CHOOSE A JOB OR JOBS
Find Army Reserve roles offered in your area at defencejobs.com.au/armyreserve

2. APPLY ONLINE OR CALL 13 19 01
You’ll need to provide your contact details, academic achievements and job preferences.

3. ATTEND A YOUR OPPORTUNITIES UNLIMITED (YOU) SESSION
Talk about the role(s) with a careers counsellor at your local Defence Force Recruiting Centre, take an aptitude test and complete a medical questionnaire.

4. ATTEND AN ASSESSMENT SESSION
Take a medical assessment and attend psychological and ADF interviews to have your leadership, teamwork and other areas of potential assessed.

5. (OFFICER ROLES ONLY) ATTEND OFFICER SELECTION
Be interviewed by a panel of officers and a psychologist, and participate in group and individual activities to have your employment potential assessed in more detail.

6. TAKE A FITNESS TEST
During the Pre-entry Fitness Assessment you will need to demonstrate you can do 15 push-ups for males or 8 for females plus 45 sit-ups, and achieve a shuttle run score of 7.5.

7. ATTEND APPOINTMENT DAY
Have a final medical check, join family and friends for the welcome ceremony, then start an exciting new part-time career in the Army Reserve.
TAKE THE NEXT STEP
GET MORE OUT OF LIFE IN THE ARMY RESERVE

WE’RE READY TO ANSWER ALL YOUR QUESTIONS ABOUT THE ARMY RESERVE.
CONTACT US NOW TO FIND OUT MORE, INCLUDING DETAILS OF LOCAL INFORMATION EVENINGS.

Talk to a recruitment consultant:
CALL 13 19 01

Browse Army Reserve jobs:
DEFENCEJOBS.GOV.AU/ARMYRESERVE