



ARMY RESERVE

 **ARMY RESERVE. CHALLENGE YOURSELF.**



THE PART TIME OF YOUR LIFE.

Imagine doing a part-time job that you actually enjoy. A job that's both worthwhile to you and important to the community... a job you're doing not just for the money. Well, you've just described the Army Reserve. Most people you talk to in the Reserves will tell you that although they earn tax-free money from their Reserve job, that's not the reason they do it. It's a great testament to the rewarding nature of a job in the Army Reserve. It offers you the chance to get involved in exciting outdoor activities, work in a strong team atmosphere, train on high-tech equipment, build up personal skills, meet great friends, have fun, and get fit.

These are just some of the reasons why over 16,000 Australians are part of the Army Reserve.

ARMY RESERVE IS AS PART-TIME AS YOU WANT.

For years, the Army Reserve has played a vital role in defending Australia. The Army Reserve trains and works right alongside the full-time Army.

They work in the same fields and also in specialised areas not covered in the full-time Army. As an Army Reservist you may even have the chance, if you choose, to be involved in overseas service.

Recently, Army Reserve soldiers served with peace-keeping forces in East Timor. Others were involved in operations and training in the Solomon Islands, Papua New Guinea and Sudan.

The Army Reserve gives you the advantages of a flexible part-time job. In fact you can work as few as 14 days or as many as 100 days a year, or more in some circumstances. It's designed to fit in with your own work arrangements. Most people attend one night a week (usually Tuesday) and one weekend a month. They also attend a two-week training camp at least once a year.

ARMY RESERVE IS FLEXIBLE.

We realise there will inevitably be times when your Reserve activities will clash with other work, study, social, sporting, or family commitments. If, for example, you have exams or have to play in the local football final, it's possible to organise time-off with your supervisor. The Army Reserve will try to work with you so you can continue to enjoy the life you lead now, as well as enjoy the opportunities and benefits the Army Reserve has to offer.

ARMY RESERVE IS LOCAL.

While it's true you may get the chance to travel with the Reserves, the majority of Army Reservists join for precisely the opposite reason - the Army Reserve is a great way to experience Army life without working far from home. In most cases, you'll find an Army Reserve unit close by in your local community.



JOBS IN YOUR LOCAL UNIT.

There are many different opportunities available in the Army Reserve - jobs range from clerical and administrative roles to technical jobs in engineering or medicine, through to combat roles like infantry and artillery.

It's important to remember that the jobs available to you vary depending on where you live, and what type of units are in your area. Find out what jobs are available at your local Army Reserve unit by calling **13 19 01**.

OFFICER OR SOLDIER?

There are two employment streams available within the Army Reserve - officers and soldiers.

Officers are leaders. They play more of a role in decision-making and tactical thinking. They're men and women with loyalty, courage, determination and integrity. They are examples to the soldiers they lead. To become an officer you'll need to do extra training at the Royal Military College Duntroon (RMC, Canberra). If you join the Reserves with qualifications in areas such as medical, dental, nursing, law or engineering, your officer training may be shorter. Your other option is to join as a soldier.

Soldiers have the most hands on experience. Whether it's patrolling through the jungle or setting up a remote communications post, soldiers carry out the everyday tasks and functions the Army runs on. As a soldier you'll play a critical part in a dedicated unit, working within a specialised team. Soldiers also have plenty of opportunity to move up the ranks into leadership roles as their careers progress.

HOW DO I KNOW WHAT JOB WILL SUIT ME?

There are a huge range of exciting jobs available in the Army Reserve. The best way to find out about the jobs that might interest you is to come to a Your Opportunities Unlimited (YOU) Session. At a YOU Session, you will be tested to see what jobs you are best suited for, you can learn all about the tax-free pay and benefits and speak to a Careers Counsellor about the options available to you. You'll be able to chat with serving Australian Defence Force personnel and ask all the questions you want, before you join.





SOLDIERS: INITIAL TRAINING.

When you join the Army Reserve as a soldier, you'll begin by completing Army recruit training. This is a 28-day continuous course at Kapooka, New South Wales (10 minutes out of Wagga Wagga), where you'll be under the guidance of instructors.

Training must be completed within six months of enlistment. All soldiers, both full-time and part-time, train at Kapooka.



No-one is saying recruit training is a walk in the park. It isn't. It's hard. It's challenging. Mostly, it's very intense, but the course is designed to help you succeed, not fail. And when you do make it, it's an amazing feeling. Of course, to become an effective soldier, you'll need to develop specialist skills and a working knowledge of how today's Army operates. You'll learn about weapons, first aid, navigation, communications and surviving in the field.

Not surprisingly, physical fitness is pretty important in the Army, and with the assistance of expert physical trainers, you'll soon be fit to take on anything. At the end of initial training, your achievements will be recognised with a "March-out Ceremony." Here you'll be congratulated on your success. It's a proud moment that you're encouraged to share with your family and friends.



SOLDIERS: EMPLOYMENT TRAINING.

After you have completed your training at Kapooka, the next step is your Initial Employment Training (IET).

Kapooka will teach you to be a soldier, but your IET is where you learn the skills and crafts specific to the job or corps you've chosen in the Army Reserve. For example, if you're going to serve in the Signals Corps, this is where you learn how to be a Signaller, training in areas such as radio operating procedure, communication equipment, frequency theory and encryption methods.

This training will usually occur in your local region, but you may be required to travel interstate. In most cases, it takes between two and seven weeks.

You can do your IET in one block or break it up into several modules, but you must complete it within 18 months. Once you finish, you'll be a fully qualified soldier in your corps in the Army Reserve.



OFFICERS: INITIAL TRAINING.

To become an officer in the Army Reserve you have to do a more extensive training program. This aims to give you the skills to think as a leader not only within the Army Reserve, but in any situation or environment.

There are two types of officer categories within the Army Reserve, General Service Officers (GSO) and Specialist Service Officers (SSO).

Specialist Service Officers are men and women who are civilian specialists in fields including legal, health, communications or engineering, and use these skills in their jobs as officers in the Army Reserve.

If you join as a Specialist Service Officer you'll do a two-week course in which you'll learn the military skills required of a Specialist Officer in the Army Reserve.

General Service Officers are trained by the Australian Defence Force to operate and lead in one of the many Army Corps, including Ordnance, Armour, Infantry, Intelligence, and Signals.

If you join as a General Service Officer your training will comprise of five modules, described on the following pages.

Module 1: Military Foundation Skills is actually the Reserve Recruit Training Course and will be conducted at Kapooka, near Wagga Wagga, NSW. Qualified soldiers who are selected to be officers may be granted recognition of this training and commence training at Module 2. Any officer candidate who decides they don't wish to continue officer training can become a soldier when they complete this module. This module is 28 days long and is available several times each year.

Module 2: Small Military Team Leader Theory takes 16 days and is held during April and September in South Australia. This module builds on the skills learnt in Recruit Training and introduces new operational, weapons and navigation topics.

Module 3: Small Military Team Leader takes 16 days during April and September at Singleton in NSW. This module introduces command, leadership and management and military administration skills. This module is also your first step in developing the leadership and management abilities you'll need to successfully command soldiers in the Australian Army.

Module 4: Team Command, Leadership and Management takes 16 days in January and July in Puckapunyal, Victoria. This module revises and tests what you will already have learnt about small team level operations as well as building your administrative abilities as a small team leader.

Module 5: All corps Army Reserve Platoon Commander is 28 days long and held in January and July at RMC Duntroon in Canberra. This module confirms you have the attributes, skills and values of an officer in the Australian Army. It also confirms that you have the leadership, management, operational skills and knowledge that a junior officer needs to command a platoon on Army Reserve operations. When you successfully complete Module 5, you will be commissioned as a Lieutenant in the Army Reserve.

Training in Your Unit

When you're not doing your residential module training you'll attend parade nights and weekends organised by your home Army Reserve University Regiment. The training staff there will help you prepare for the residential modules, revise the skills you learn as well as give you instruction and assessment on topics including navigation, fieldcraft, drill, training, military justice and written and oral communication. A record book will document your progress on these skills. There are also some additional requirements for training through external organisations.



ONCE I'M QUALIFIED, WHAT THEN?

In the Army we say that 'the training never stops'. You'll need to keep training to maintain your skills and develop new ones. However, once you're a qualified soldier or officer, the time you're required to train certainly does reduce.

Depending on local arrangements, you generally parade with your unit once a week, and usually on Tuesday nights. You'll usually go away with them one weekend a month - this could be on a live training scenario or to maintain basic soldier skills such as weapons handling.

Most units also run at least one two-week camp a year. These will probably be held in your local region. Occasionally you may be involved in a major exercise which can be held anywhere from Darwin to Tasmania and will give you an exciting opportunity to work alongside different units, corps and even the Navy and Air Force.

Every soldier will tell you that working with your local unit is enjoyable and rewarding. This is where you really start to do your job. Once you've completed your training you'll be given greater responsibilities in your own Army Reserve unit. It's a very satisfying feeling.

Of course, during this time you'll be earning tax-free pay.

TRAVEL.

In the Army Reserve there's often the chance to travel within Australia or overseas for training or operational service. The amount you travel really depends on the opportunities that arise, and your availability.

Some of our reservists have travelled to places like Asia or Hawaii. Others prefer to stay close to home and only travel to complete their basic training.

Many like to make themselves available during times of local emergency such as natural disasters.



TAX-FREE PAY.

When you work in the Army Reserve your pay is tax-free. This means that everything you earn goes into your pocket.

It's great news for students because it won't affect your Youth or Austudy allowance. Similarly, if you're on social security, your Army Reserve earnings aren't counted as income.

OTHER BENEFITS.

You'll discover even more benefits when you join the Reserves - starting with not having to pay for any accommodation or food associated with meeting your training requirements or while on exercise.

Your uniform and equipment are free, including cooking equipment, wet weather gear, sleeping bag and back pack. Any travel you need to do for initial training or employment training is paid for.

You may also qualify for tax-free Active Reserve Health Support Allowance and Defence Health Insurance.

MEET PEOPLE.

Another major benefit with the Army Reserve is that you can still enjoy your current social life, plus you get to meet new people and make new friends.

You'll also find that the excitement and adventure of being in the Army Reserve gives you a lot more self-confidence and the motivation to improve yourself and your life.



WHAT ABOUT MY DAY JOB?

Most employers are happy to have their staff join the Army Reserve. Your employer may even be eligible to receive a subsidy from the Army to compensate them financially for your absence. Government employers in particular are very understanding when it comes to the Army Reserve. The Defence Reserves Committee has been specifically set up to help you answer any questions your employer may have.

You or your employer are welcome to contact a local unit for more specific information at any time.



FITNESS.

Physical Training (PT) is a large part of Army life, and a key element of your Recruit Course.

The Army understands that new recruits will have varying levels of individual fitness so they have developed a realistic PT program which allows for this. Over the 28 days of Recruit Training, you'll work with qualified Army Physical Training Instructors to increase your core strength, cardio and endurance levels. The pace and expectations are challenging, yet achievable for everyone. When you apply for the Army Reserve you'll need to pass a pre-enlistment fitness assessment to make sure you're fit enough to undertake Recruit Training.

THIS INCLUDES:

- A. Shuttle run/beep test to a standard of 7.5. In this you'll shuttle back and forth over 20 metres, keeping up with a series of recorded beeps. The beeps begin slowly and gradually get faster. It works out to running 56 shuttles (a total of 1120 metres) in six minutes, 30 seconds.
- B. 45 sit-ups.
- C. 15 push-ups for males, 8 for females.

ENTRY REQUIREMENTS.

OFFICER

If you want to join the Army Reserve as an officer, you'll have to be at least 17 years old and an Australian citizen. You need to have successfully completed Year 12, with passes in English and three other subjects, or be a University student or graduate.

SOLDIER

To join the Army Reserve as a soldier, you need to be at least 17 years old and an Australian citizen. As a minimum, you'll also need passes in Year 9 Mathematics and English.

APPLICATION PROCESS.

To apply go to defencejobs.gov.au/army/reserve or call 13 19 01. Once your application has been submitted and assessed, you will be invited to take part in a Your Opportunities Unlimited (YOU) Session. At a YOU Session you'll have the opportunity to talk to a Careers Counsellor and sit an aptitude test to determine which jobs are best suited to you. You'll undertake a psychological interview, medical assessment and Defence interview at the next stage - Interview and Assessment Day. If you are applying for an officer position, a selection panel of officers will then interview you and review your results at an Officer Selection Board. If you have successfully been recommended for a soldier or officer role you'll then undergo a fitness assessment. On passing this last test you will then be enlisted into the Army Reserve.



STILL NOT SURE? TRY IT!

If you still haven't decided whether the Army Reserve is right for you, ask about one of our trial weekends or events, offered by some regional units. Obviously you won't be doing everything a qualified soldier would do, but you'll get a great taste of what Army training is like - in both a tactical and non-tactical environment.

This may include camping out in hootchies, eating from ration packs, an introduction to field craft, observing qualified troops in training, and an introduction shoot in an Army Weapons Training Simulation System.

If at the end of the weekend, you feel the Army Reserve is not for you, you're under absolutely no obligation to continue.





READY TO TAKE THE NEXT STEP?

If you'd like to apply or for more information, call 13 19 01
or visit defencejobs.gov.au/army/reserve

CALL 13 19 01 OR VISIT DEFENCEJOBS.GOV.AU/ARMY/RESERVE



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