



DEFENCE FORCE **RECRUITING**

YOU Session Details

On arrival at your YOU Session, please proceed to the reception area where you will be greeted by a Careers Counsellor. Please note the session is anticipated to last approximately 4 hours.

Attendance at this session does not obligate you to continue with your application, nor does it guarantee you a position with the ADF. The YOU Session is intended to provide:

- An initial indication as to your suitability for a position in the ADF;
- An indication of the **positions** and job options within the ADF that may suit you;
- An opportunity for you to gain a **better understanding** of the standard conditions of ADF service.

At the completion of the session, it will be **your** decision if you wish to proceed with your application.

What you are required to bring:

- Photo ID (e.g. drivers licence; passport) only

What to expect on the day:

- **An Aptitude Evaluation** – You will undertake an evaluation to determine which position(s) may suit you. Please review the [Guide to Aptitude and Ability Testing](#) which illustrates some examples of the types of questions you will have to answer;
- **Medical Interview with a Nurse** – You will have a brief medical interview with a nurse.
- **Interview with a Careers Counsellor (CC)** – After the Information Session, a CC will discuss the opportunities available to you based on the results of your aptitude testing. Depending on your suitability and level of interest, you may be invited to undertake further evaluation at a later date for specialist positions available in the ADF.

After completion of the YOU Session, your Case Manager will contact you to discuss the session and whether or not you wish to proceed with an application for a position in the ADF. If you wish to proceed, you will be provided with information on the next step in the recruitment process.

Your attendance at this YOU Session is important to us and as spaces are limited for these sessions, please contact your local Recruiting Centre or 131901 should you be unable to attend. Please also feel free to call should have any queries regarding the YOU Session.

Thank you once again for your interest in a career with the Australian Defence Force – we look forward to seeing you at your YOU Session.